We inhabit, embody, use, and move between many types of cultures—ethnicity, nation, region, gender and sex, race, class, prestige, and status, food, fun, business, education, justice/injustice, sports, music, art, politics, media, love, and many more—in our daily lives. Some of these cultural dynamics occur on a daily basis, in subtle and subconscious ways that we take for granted. The relatively memorable cross-cultural experiences often stand out because they challenge our deeply-felt assumptions about what things mean. In either case, we usually don’t systematically analyze or reflect on our cultural choreographies. And these unquestioned assumptions can divide us, especially when they take the form of ideology.

People tend to avoid voluntarily immersing themselves in the kind of challenging social situations that prompt us to examine our core values, identities, and assumptions, some of which divide people along lines of “difference.” Yet such situations are essential for developing empathy—the ability to recognize and understand other people’s experiences—and for self-awareness. In this era of retrograde ethnocentric nationalisms and growing inequality, cross-cultural understanding through empathy and compassion in direct interaction with our “cultural others” helps us overcome divisions and touch the spiritual elation of oneness.

“Cross-cultural communication” invites students out into the field, where they participate in the social world of a particular group that is culturally distinct from themselves. There, they practice a contemplative form of participant observation with the aid of a supporting curriculum. This curriculum covers the practice of fieldwork in addition to substantive readings on the intersections of culture and various dimensions of social life, including class, race/ethnicity, health and illness, police, politics, nationalism, gender, and marketing sex appeal. While exploring these topics, we will analyze our own experiences in relation to these social structures, institutions, and cultures.

Goals of this course include: 1) describing and analyzing patterned social and cultural differences; 2) reflecting on personal experience of cultural difference; 3) engaging with a distinct group’s social world to meaningfully experience cross-cultural communication; 4) developing empathy and understanding people who appear different from us; and 5) developing self-awareness.

**Note:** This class can be taken for 3 or 4 units.

**Grade Breakdown for 4 Units:**

<table>
<thead>
<tr>
<th>Component</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attendance and Participation</td>
<td>15%</td>
</tr>
<tr>
<td>Group Presentations</td>
<td>10%</td>
</tr>
<tr>
<td>Proposal of Cultural Group</td>
<td>5%</td>
</tr>
<tr>
<td>Cultural Self-Analysis Paper</td>
<td>10%</td>
</tr>
<tr>
<td>Cross-Cultural Interview Reflection</td>
<td>10%</td>
</tr>
<tr>
<td>Deep Description of Cultural Group</td>
<td>15%</td>
</tr>
</tbody>
</table>
Grades for 3 Units:

<table>
<thead>
<tr>
<th>Component</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attendance and Participation</td>
<td>15%</td>
</tr>
<tr>
<td>Group Presentations</td>
<td>10%</td>
</tr>
<tr>
<td>Proposal of Cultural Group</td>
<td>5%</td>
</tr>
<tr>
<td>Option #1: Cultural Self-Analysis Paper</td>
<td>20%</td>
</tr>
<tr>
<td>-OR-</td>
<td></td>
</tr>
<tr>
<td>Option #2: Cross-Cultural Interview Reflection</td>
<td>20%</td>
</tr>
<tr>
<td>Deep Description of Cultural Group</td>
<td>15%</td>
</tr>
<tr>
<td>Project Presentation</td>
<td>5%</td>
</tr>
<tr>
<td>Final Paper</td>
<td>30%</td>
</tr>
</tbody>
</table>

Note: this course includes material that may be emotionally-difficult and disturbing. Reactions, including, but not limited to, discomfort, anxiety, anger, sadness, disgust, guilt, and stress to course material is not grounds for exemption from or customization of policies pertaining to coursework, participation, assignments, and exams et cetera.

Participation and Attendance

This is a seminar style class, so attendance is mandatory; missing more than one class will result in a penalty of one letter grade for every absence. Please come to class prepared to discuss the week’s reading and/or assignment. “Participation” does not mean simply speaking out a lot. The style, content, and thoughtfulness of your participation matter. A grade of “A” requires your attention (i.e. not surfing the web, on your phone, or otherwise disrupting), good listening, supportive attitude, and contributing more than once or twice during the semester. Always bring paper and pen for in-class writing.

This seminar invites you to engage with the material and to be ready to share your experiences. Please be mindful of group dynamics so that everybody feels comfortable to speak up. We want to cultivate a supportive atmosphere so people feel comfortable sharing. Keeping up with weekly readings and field work is essential for meaningful participation.

Attention! Students who miss any classes during the first two weeks may be dropped or otherwise not allowed into the class. Also, participation credit cannot be made up under any circumstances, even if you have a legitimate reason (and evidence) for missing class.

If you must miss a class for an athletic or other event, you must email the instructor within 48 hours of the class in order to avoid penalty to your attendance grade, even if you have already provided a schedule of your events.

Assignments

No Extensions permitted for Assignments! Detailed instructions for each assignment will be posted on our bCourses website. All assignments must be submitted to bCourses by the deadline (usually 11:59 on Friday) in a “doc” or “pdf” file. Late assignments may not be accepted, and any late assignment that is accepted will be penalized a full grade (e.g.
an A becomes a B) for each day late. Although you may have a good reason for asking for an exemption from this policy, keep in mind that other students may have even more difficult circumstances but do not feel entitled or comfortable enough to ask for special treatment. Please do not ask for an extension (or exceed page limits).¹

This course has a reader, Anuj Ramakrishman (anuj_ramakrishnan@berkeley.edu). Do not email your assignments to him or to the instructor, unless instructed to do so. Make an appointment for office hours with the instructor if you wish to discuss the assignments or course material. Email the reader only if you have a question regarding your grade on an assignment.

NOTE: You should submit your assignment at least 12 hours before the deadline in order to avoid any problems. Exceptions to the late policy will not be made for any reason, including technical errors, so please do not ask.

**Cultural Group Proposal**

The project for this course requires participation in a “cultural group” that meets separately from our class throughout the semester. Starting from the first week of class, you should work with me to find an appropriate service opportunity, club, organization or some other type of group that will: 1) allow you to engage regularly with the same group of people, community, or neighborhood; 2) provide you a space to interact with people who are significantly different from you (e.g. a religious person joins an atheist group or a liberal person joins a conservative group); and 3) give you some exposure to a “subculture” in the Bay Area. (Your group should push your boundaries around cultural difference. It should consist of people whose beliefs/culture contradict your own, and with whom you disagree on some fundamental level. In other words, this is not just a chance to “try something new.”

**IMPORTANT NOTE:** You cannot use housemates, friends, family, or one of your classes as your cultural group. Your group cannot include anybody whom you already know. Your group must be an actual group that is comprised of at least a core membership of the same individuals who meet regularly; it cannot be a group comprised of different people each week or a friend or acquaintance with whom you hang out and/or visit other people or “groups” of people. National difference alone does not satisfy this requirement. Ideally, your group will be different from you ethnically AND in at least one other significant cultural dimension.

The better your group fits these parameters the more likely you are to get a good grade and have a good experience in the class; it will be difficult to get an “A” if your group does push your boundaries through cultural difference.

**IMPORTANT!!** Do not join or participate in a group that you feel is dangerous (physically, emotionally, mentally, spiritually etc). Work with the instructor to find a field opportunity that feels safe but also makes you uncomfortable.

**Group Presentations**

¹ If you have had an unforeseen emergency situation, you may successfully request an extension if you provide supporting evidence with your request.
Students will prepare a creative and interactive group presentation on one of the substantive topics (weeks 6-12). The presentation should last at least 30 minutes, and everyone must participate in some capacity during the presentation. A good division of labor that makes use of each member’s strengths and distributes the work as evenly as possible is recommended. We will form groups early in the semester. Each presentation will receive a group grade based on: 1) preparation and thoughtfulness; 2) creativity, performance, and interaction; and 3) content and meaningful insight. *Anybody who does not present for any reason, including missing class, will receive a “zero.”*

Presenters should check-in with the instructor a few days before the presentation to go over their plan. Groups should know the assigned readings well and should integrate them into their presentation of related material that they bring in from outside the class, such as videos, games or quizzes, or other readings (peoples most often combine videos with interactive games; if you include video or power point). Groups should also lead the class in discussing the material.

**NOTE:** It is your responsibility to be prepared; plan ahead so you can successfully connect your device to the projector so you’re ready once class begins. Do not ask the instructor to do this for you! Each group should be prepared to email the instructor after the presentation with a breakdown of what each group member did to prepare.

**Self-Analysis Paper**
How does your personal culture(s) affect your current values, beliefs, and ways of communication? This paper is designed to allow you an opportunity to examine how your own cultural and social identities and history affect your identity. Your paper will be evaluated based on insightfulness, depth of reflection, detailed descriptions/examples, and your analytical approach. 4-5 pages.

**Cross-Cultural Interview Reflection**
This assignment compliments the self-analysis essay by requiring you to select a person from your cultural group to interview in order to learn about how culture shapes identity. Prepare questions to ask your interviewee, and take notes of the interview. After the interview, write an analytical reflection paper. What did you learn about yourself in your interview of someone with such a different cultural and personal history? What are the key differences/similarities and what do these comparisons say about your own culture and identity? 4-5 pages.

**Deep Description of Cultural Group**
Observe key cultural aspects of your group so you can analyze them for the final paper. This also gives you a chance to receive feedback on your observations. Your deep description provides details and examples of the rules, norms, habits, ideologies, communication patterns, values, codes, rituals, behavior, social processes, discursive formations, and meanings of the group’s culture. You will also describe how members of the group use that culture. Use pseudonyms—not the real names—for your participants. About 4 pages for three units and 6 pages for four units.

**Project Presentations**
In the last weeks of class, students will present their cross-cultural projects, focusing on how their culture compares to the culture of the group they have been studying. This is meant to be a fun way for people to learn from our class’s diversity and each other’s experiences with cultural difference. Anybody who does not present will receive a grade of “zero,” with no chance of recovering the lost points.

**Final Paper and Field Work**

Your big project for this class consists of four assignments: 1) a project proposal; 2) a deep description paper; 3) a final paper; and 4) field notes to be completed with every field session.

This project necessitates weekly participation in your cultural group. Participant observation must equal at least 2 hours per week, every week. You should write a journal of your experiences and observations in the field. These field notes are the foundation of your project and should be written immediately after your field work. People taking the course for 3 units must write at least one single-spaced page per week for full credit while people taking the course for 4 units must write at least two single-spaced pages per week. These notes must be typed up and in correct format (and single-spaced). Failure to submit adequate field notes will hurt your final grade.

Students begin field work and writing field notes in week three and continue through week 14, doing one session each week (including field notes). You will submit your notes several times throughout the semester. Additionally, the instructor may ask you to submit your notes without warning. *It is important to write field notes every week, rather than all at once before they are due.* You must have a separate entry in your field work journals for each date you participated/observed your group. Clearly label each session with the date and time of your field work. When submitting them, be sure to put them all in one document. Failing to keep up with your field notes will hurt your grade.

The final paper should be about 12 pages long for 4 units and 9 pages for 3-units. This is a formal academic paper that discusses what you learned from this experience and analyzes the cultural group in relation to course themes. It also includes a reflective comparison of your culture with the group’s culture and considers the role of cross-cultural communication in the cultural field.

**Guidelines and Resources**

**Course Materials**

All our readings will be available on bCourses, under “files,” or through links on this syllabus.

**Recommended Optional Reading**


**Office Hours and Email**
Office hours are important and I encourage you to make use of them. I ask students to email me to arrange an appointment in order to accommodate everybody’s schedule. Note that I am usually only on campus Tuesdays and Thursdays this semester and that my office hours are 2:00-4:00 Thursdays, but that we can arrange a time that works for you if you cannot make these hours. We will also decide the location for our meeting over email (it might be in a café).

My email address is: j_kaiser@berkeley.edu. Please allow at least 24 hours for a reply. I usually do not use email over the weekend, on holidays, or after hours. Use my email, not Courses to send me a message. Do not reply to announcements on bCourses; email me instead.

**Formatting**

All work must be formatted correctly. Familiarize yourself with MLA style formatting. Refer to The Purdue Owl Writing Lab. Then, note the following variations that we use in our course’s modified MLA format style:

- *single space* the header at the top-left of your first page (name, section day, units, assignment, due date);
- **bold your creative title** and center it between the header and your 1st paragraph;
- no title page;
- *single space* block quotations;
- 1” margins;
- doubled-spacing (except for the header and block quotations);
- page numbers;
- 12-point Times New Roman font;
- staple pages together;
- left-side justification (but not right-side);
- no contractions.

Your assignments will be graded on how well they meet the course and assignment requirements, including content, delivery, and format.

**NOTE:** Plagiarism is the presentation of another’s words and/or ideas as one’s own. It is grounds not only for automatic failure, but also for administrative disciplinary action. This also applies for other forms of academic dishonesty (a.k.a. cheating). Please see the Berkeley Campus Code of Student Conduct, Section III B, Academic Violations, and Section IV, Disciplinary Procedures.

**Student Learning Center (SLC)**

The SLC provides peer writing tutors. You are expected to make use of their services. You do not need an appointment. Find them in the Chavez Center (http://slc.berkeley.edu).

**Accessibility Accommodations**

If you need disability-related accommodations in this class please inform the instructor. Students who need academic accommodations should contact the Disability Students Program, 260 Cesar Chavez Center.

---

1. [https://owl.english.purdue.edu/owl/resource/747/01/](https://owl.english.purdue.edu/owl/resource/747/01/)
Wellness Resources
Berkeley offers several types of counseling services. You can call to talk to someone for help or
to make an appointment: 642-9494. There is also on-campus drop-in counseling that does not
require an appointment: https://uhs.berkeley.edu/counseling/letstalk. You can also drop in at
the Tang center if you need immediate and urgent support (first 5 sessions are free). Those hours
are Monday-Friday 10am-5pm. Please make use of these great resources available to us!

Mindfulness and meditation can also really help with stress. Berkeley offers free mindfulness
classes! https://www.facebook.com/Mindfulnessatberkeley/ There is also a meditation and
prayer room in Eshleman Hall, open Monday-Friday 8am-9pm. Another option is a tranquil
stroll through the quieter parts of campus or up in Strawberry Trail.

Course Schedule
This syllabus is subject to change at the discretion of the instructor. Refer to bCourses for the
current version (look in “files”).

--------------------------------------------------Week 1-----------------------------------------------

Thursday, 8/23: Introduction to Course

--------------------------------------------------Week 2-----------------------------------------------

Proposal of Cultural Group due Friday
Top three choices for group presentation topic due Friday

Tuesday, 8/28: Choosing a Cultural Group
Miner, Horace. “Body Ritual among the Nacirema,”

Thursday, 8/30: Participant Observation
Emerson, Robert et al. “Fieldnotes in Ethnographic Research” (1-20).

Next week we meet in separate sections; come only to your assigned day!

--------------------------------------------------Week 3 (9/4&9/6)-----------------------------------------------

Come only to your assigned day this week
Field notes due Friday

Studying Culture
Hofstede, Geert. “Dimensions of Culture.”
https://www.hofstede-insights.com/models/national-culture/

--------------------------------------------------Week 4 (9/11&9/13)-----------------------------------------------

The Sociological Imagination
---and---

Culture and Health (first group presentation topic)
---Week 5 (9/18&9/20)---

Field Notes Due Friday!

Ethnocentric Nationalism
Taub, Amanda. “How a Sleepy German Suburb Explains Europe’s Rising Far-Right Movements.” [https://nyti.ms/2mHnZU4](https://nyti.ms/2mHnZU4)
Vavreck, Lynn. “Ordering Vindaloo or Hunting for Venison: How Cosmopolitanism Shapes the Vote.” [https://nyti.ms/2m2hFtJ](https://nyti.ms/2m2hFtJ)

---Week 6 (9/25&9/27)---

Cultural Self-Analysis Paper due Friday!

The Culture of Poverty Ideology
Cohen, Patricia. “Culture of Poverty Makes a Comeback.”

---Week 7 (10/2&10/4)---

Gender and Sexual Harassment
Quinn, Beth. “Sexual Harassment and Masculinity: The Power and Meaning of ‘Girl Watching’”

---Week 8 (10/9&10/11)---

Race and the Criminalizing Injustice System
Anderson, Carol. “Ferguson isn’t about black rage against cops. It’s white rage against progress.”

---Week 9 (10/16&10/18)---

Field Notes Due Friday!
Interview Reflection due Friday!

BaFa BaFa!

---Week 10 (10/30&11/1)---

Marketing Sex Appeal

---Week 11 (11/6&11/8)---

Cultural Project Presentations

---Week 12 (11/13&11/15)---

Deep-Description of Cultural Group due Friday

Cultural Project Presentations

---Week 13 (11/20&11/22)---

No class
Week 14 (11/27&11/29)

Field Notes Due Friday (all)

Cultural Project Presentations

*Final Paper is due by 11:59pm on Monday, December 10. Late submissions may not be accepted, and if accepted, will be assessed a penalty according to course policy (see above).