

# Julio Fernando Salas-Vargas

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## EDUCATION

<b>University of California, Berkeley</b> – Berkeley, California <i>Ph.D. in Sociology</i>	2023 - Present
<b>Cornell University, College of Human Ecology</b> – Ithaca, New York <i>Bachelor of Science in Human Development</i>	2021
<b>Queensborough Community College</b> – Queens, New York <i>Associate of Science in Health Sciences</i>	2018

## PUBLICATIONS

- Chiong, R., **Salas, J.**, Kohn, Julia., St. John, E., & Figueroa, R. (*Revise and resubmit*). "A Formative Evaluation of an Online Meal Kit and Grocery Platform for Supplemental Nutrition Assistance Program (SNAP) Recipients." *Journal of Nutrition Education and Behavior*.
- Gupta, P., Gutierrez, E., Anderson, T., Waxman, E., **Salas, J.**, Hernandez-Lepe, F., & Triplett, T. (2023). "[Experiences and Outcomes from the 2022 Meals-to-You Program.](#)" Urban Institute.
- Salas, J.**, & Gupta, P., & Waxman, E. (2023). "[How Many Food-Insecure Adults Need Help but Don't Know Where to Get it? Findings from the Well-Being and Basic Needs Survey, December 2022.](#)" Urban Institute.
- Salas, J.**, & Fiol, O. (2023). "[Removing Barriers to Healthy Food Access via a Neighbor-Centered Food Bank.](#)" Urban Institute.
- Salas, J.**, & Martinchek, K. (2023). "[Bolstering Food Sovereignty and Improving Food Access among Tribes.](#)" Urban Institute.
- Fernandez, E., **Salas, J.**, & Martinchek, K. (2023). "[Access to Healthy Food and Flexible Health Education in Rural Mississippi.](#)" Urban Institute.
- Maag, E., **Salas, J.**, Gupta, P., & Waxman, E. (2023). "[Improving Access to Tax Credits for Families Case Study Summary.](#)" Urban Institute.
- Salas, J.**, Gupta, P., Maag, E., & Waxman, E. (2023). "[Share Our Strength Community of Practice Grant Case Study: Virginia.](#)" Urban Institute.
- Salas, J.**, Gupta, P., Schwabish, J., & Waxman, E. (2023). "[Share Our Strength Community of Practice Grant Case Study: Maine.](#)" Urban Institute.
- Salas, J.**, Gupta, P., Maag, E., & Waxman, E. (2023). "[Share Our Strength Community of Practice Grant Case Study: California.](#)" Urban Institute.
- Echave, P., Waxman, E., Bernstein, H., Dyssegaard Kallick, D., Gupta, P., **Salas, J.**, Gallardo, L., & Sutherland, A. (2023). "[An Overview of the Impacts of New York's Excluded Workers Fund.](#)" Urban Institute.
- Waxman, E., Bernstein, H., Dyssegaard Kallick, D., Gupta, P., Echave, P., **Salas, J.**, Gallardo, L., & Sutherland, A. (2023). "[Expanding Inclusion in the Social Safety Net: Impacts of New York's Excluded Workers Fund.](#)" Urban Institute.
- Guelespe, D., Echave, P., & **Salas, J.** (2022). "[Do It for Your Children: Mixed-Status Families' Experiences with the Stimulus Checks.](#)" Urban Institute.

**Salas, J.,** Waxman, E., Gupta, P., Bernstein, H., Echave, P., & Gallardo, L. (2022). [“When Researchers Build Trust, ‘Hard-to-Reach’ Undocumented Communities Aren’t So Hard to Reach.”](#) Urban Institute.

Waxman, E., **Salas, J.,** Gupta, P., & Karpman, M. (2022). [“Food Insecurity Trends Upward in Midst of High Inflation and Fewer Supports: Findings from the Health Reform Monitoring Survey, June 2022.”](#) Urban Institute.

Gallardo, L., Waxman, E., Dyssegaard Kallick, D., Gupta, P., Echave, P., **Salas, J.,** & Bernstein, H. (2022). [“An Overview of Stories from Applicants to the Excluded Workers Fund.”](#) Urban Institute.

Gupta, P., **Salas, J.,** & Waxman, E. (2022). [“Two Years into the Pandemic, Charitable Food Remains a Key Resource for One in Six Adults: Findings from the December 2021 Well-Being and Basic Needs Survey.”](#) Urban Institute.

Waxman, E., Dyssegaard Kallick, D., Gupta, P., Echave, P., Gallardo, L., **Salas, J.,** & Bernstein, H. (2022). [“Finally, We’re Being Recognized: Stories and Perspective from Applicants to the Excluded Workers Fund.”](#) Urban Institute.

Chiong, R.C., Figueroa, R., Baker, K., Liu, R., **Salas, J.,** Ismail, N., & Owoputi, I. “Barriers and enablers to accessibility, reach, and participation in food and nutrition assistance programs among eligible families and stakeholders.” PROSPERO 2021 CRD42021238527. Available from: [https://www.crd.york.ac.uk/prospERO/display\\_record.php?ID=CRD42021238527](https://www.crd.york.ac.uk/prospERO/display_record.php?ID=CRD42021238527)

## RESEARCH EXPERIENCE

Income and Benefits Policy Center, Urban Institute	2022 – 2023
<ul style="list-style-type: none"> <li>• Annual Survey of Refugees Team</li> <li>• Mixed-status Families and Economic Impact Payment Study</li> <li>• Excluded Workers Fund Evaluation Quantitative Phase</li> <li>• Share Our Strength 10-State Community of Practice</li> <li>• Walmart Healthier Food Access Solution Grant Initiative</li> <li>• Baylor Meals-to-You Program Evaluation</li> <li>• Excluded Workers Fund Evaluation Qualitative Phase</li> <li>• Well-Being and Basic Needs Survey Secondary Analysis</li> <li>• CDC Partnering for Vaccine Equity – Hispanic/Latinx Community of Practice</li> </ul>	
Cornell University, Figueroa Interdisciplinary Group Lab, Dr. Roger Figueroa	2020 – 2023
Cornell University, Affect and Cognition Lab, Dr. Elizabeth Riley	Summer 2019
Cornell University, Affect and Cognition Lab, Drs. Adam Anderson & Eve De Rosa	2018 – 2020
York College, Dr. Francisco Villegas	2017 – 2018

## PRESENTATIONS

Chiong, R., **Salas, J.,** Kohn, J., St. John, E., Baker, K., Gonzalez, M., Figueroa, R. (2023). “Project FRIENDS: A Qualitative Study on Food-Related Lived Experiences of Individuals with Low Income in New York State.” Society for Nutrition Education and Behavior Conference.

Waxman, E., Bernstein, H., Dyssegaard Kallick, D., Gupta, P., Echave, P., **Salas, J.,** Gallardo, L., & Sutherland, A. (2023). “Finally, We’re Being Recognized: The Excluded Workers Fund.” Urban Institute Cross-Center Immigration Initiative Meeting.

Guelespe, D., Echave, P., & **Salas, J.** (2023). “Do It for Your Children: Mixed-Status Families’ Experiences with the Stimulus Checks.” Urban Institute Cross-Center Immigration Initiative Meeting.

Waxman, E., Dyssegaard Kallick, D., Gupta, P., Echave, P., Gallardo, L., **Salas, J.,** & Bernstein, H. (2022). “Finally, We’re Being Recognized: Stories and Perspective from Applicants to the Excluded Workers Fund.” Association for Public Policy Analysis and Management Conference.

**Salas, J.** (2022). "Summarizing Migration Policy Institute's Four Years of Profound Change: Immigration Policy During the Trump Presidency." Urban Institute Cross-Center Immigration Initiative Meeting.

Figueroa, R., Chiong, R., Baker, K., **Salas, J.**, St. John, E., Claypoole, E., & Gonzalez, M. (2021). "Project FRIENDS: Preliminary Findings and Approach to Improve Nutrition Security." Food Insecurity, Neighborhood Food Environment, and Nutrition Health Disparities: State of the Science NIH Nutrition Health Disparities Workshop.

Chiong, R., Figueroa, R., Baker, K., **Salas, J.**, St. John, E., Irving, L., Alihonou, S., Gaudian, R., Ninteman, A., & Russo, S. (2021). "A Formative Evaluation of NY Snap-Express." Food Insecurity, Neighborhood Food Environment, and Nutrition Health Disparities: State of the Science NIH Nutrition Health Disparities Workshop.

**Salas, J.**, & Nemecek, L. (2019). "Difference in Cognitive Aging in Younger (18-35 Years) and Older (60+) Populations." Cornell University Diversity Undergraduate Summer Research Symposium.

**Salas, J.**, Wang, K., Guerrero, A., Kouzani, A., & Villegas, F. (2018). "Measures of Sustained Attention in a Rat Model of Alzheimer's Disease." Annual Biomedical Research Conference For Minoritized Scientists.

#### HONORS, AWARDS, & RECOGNITIONS

Chancellor's Fellowship, University of California, Berkeley (\$58,000)	2023 – 2025
Association for Public Policy Analysis and Management Conference Attendee	2022
Congressional Hispanic Caucus Institute Public Policy Fellowship	2021 – 2022
Barbara and Norman Gross Scholarship, Cornell University	2020 – 2021
Howard Hughes Medical Institute – Cornell University Research Transfer Program Summer Grant (\$5,000)	2020
Cornell University Dean's List	2019 & 2021
Howard Hughes Medical Institute – Cornell University Research Transfer Program Scholar	2019 – 2021
Howard Hughes Medical Institute – Cornell University Research Transfer Program Summer Grant (\$5,000)	2019
1vyG Princeton Conference Delegate	2019
Pre Professional Program (P3) Scholar, Cornell University	2018 – 2021
Global Citizenship Alliance Fellow in Salzburg, Austria (\$1,000+)	2018
America Needs You Fellow (\$2,000)	2017 – 2019
NIH Bridges to the Baccalaureate Program (\$1,000+)	2017 – 2018
Accelerated Study in Associate Programs	2016 – 2018
Queensborough Community College Dean's List	2016 – 2018

#### SPEAKING & MEDIA ENGAGEMENT

<b>Workshop speaker</b> , Kessler Scholars Collaborative First-Generation College Celebration Week	2023
<b>Closing remarks speaker</b> , Queensborough's 2023 Partners for Progress Gala	2023
<b>Select research mentions</b> , <a href="#">NPR</a> , <a href="#">AP</a> , <a href="#">The Counter</a> , <a href="#">Radio Kingston</a> , <a href="#">Civil Eats</a> , <a href="#">MarketWatch</a> , <a href="#">WSJV</a> , <a href="#">BCCT</a>	2022
<b>Class speaker</b> , Congressional Hispanic Caucus Institute Public Policy Fellowship Graduation Ceremony	2022
<b>Personal story video</b> , <a href="#">March Premiere of CUNY TV/Urban U</a>	2022
<b>Panel speaker</b> , What I Would Do Differently – ASAP Alumni Panel	2021
<b>Speaker</b> , QCC to Cornell, Queensborough Community College	2020
<b>Speaker</b> , Kessler Presidential Scholars Program Inaugural Dinner	2019
<b>Personal story article</b> , <a href="#">Joven Colombiano de Queens camino al éxito gracias a becas y trabajo duro</a>	2019
<b>Inaugural story chosen for series</b> , <a href="#">Humans of Queensborough</a> , Queensborough Community College	2019
<b>Personal story article</b> , <a href="#">I'm on my way</a> , Queensborough Community College	2019
<b>Personal story article</b> , <a href="#">Career Services Student Testimonial</a> , Queensborough Community College	2018

#### RELEVANT SKILLS

**Languages:** Spanish (Fluent)

**Research Skills:** Urban Institute IRB application development, semi-structured interviews, interview protocol development, inductive analysis, open coding, line-by-line coding, axial coding, selective coding, qualitative codebook development, constant comparative method, exploratory sequential design, developing surveys on Qualtrics, Spanish translation of consent forms, interview protocols, and surveys, and policy research

**Computer Software:** Microsoft Suite (Excel, Word, and PowerPoint)

**Statistical Software:** NVivo, R (Beginner), Stata (Beginner)

**Other Software:** Qualtrics Survey